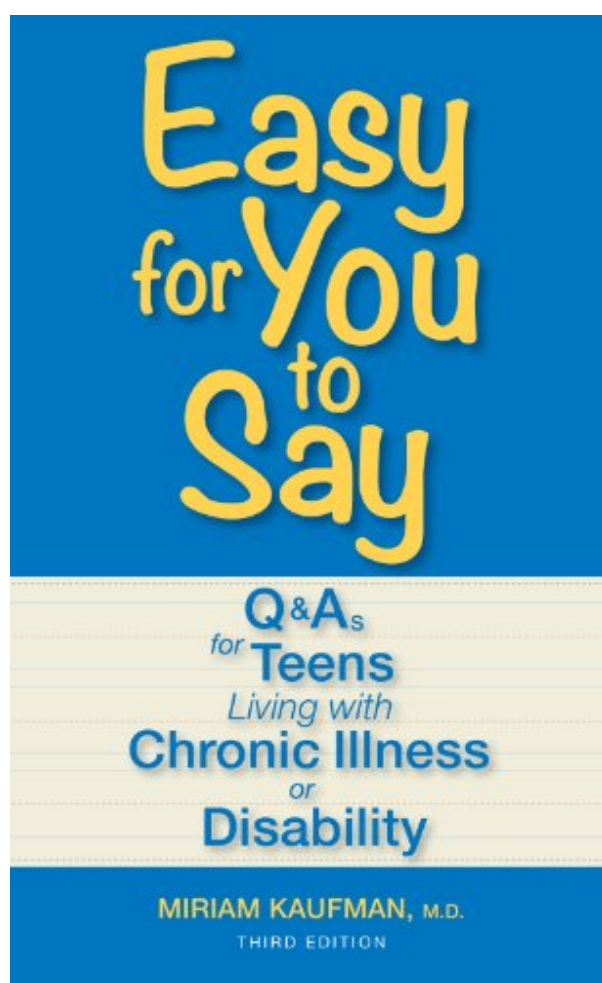
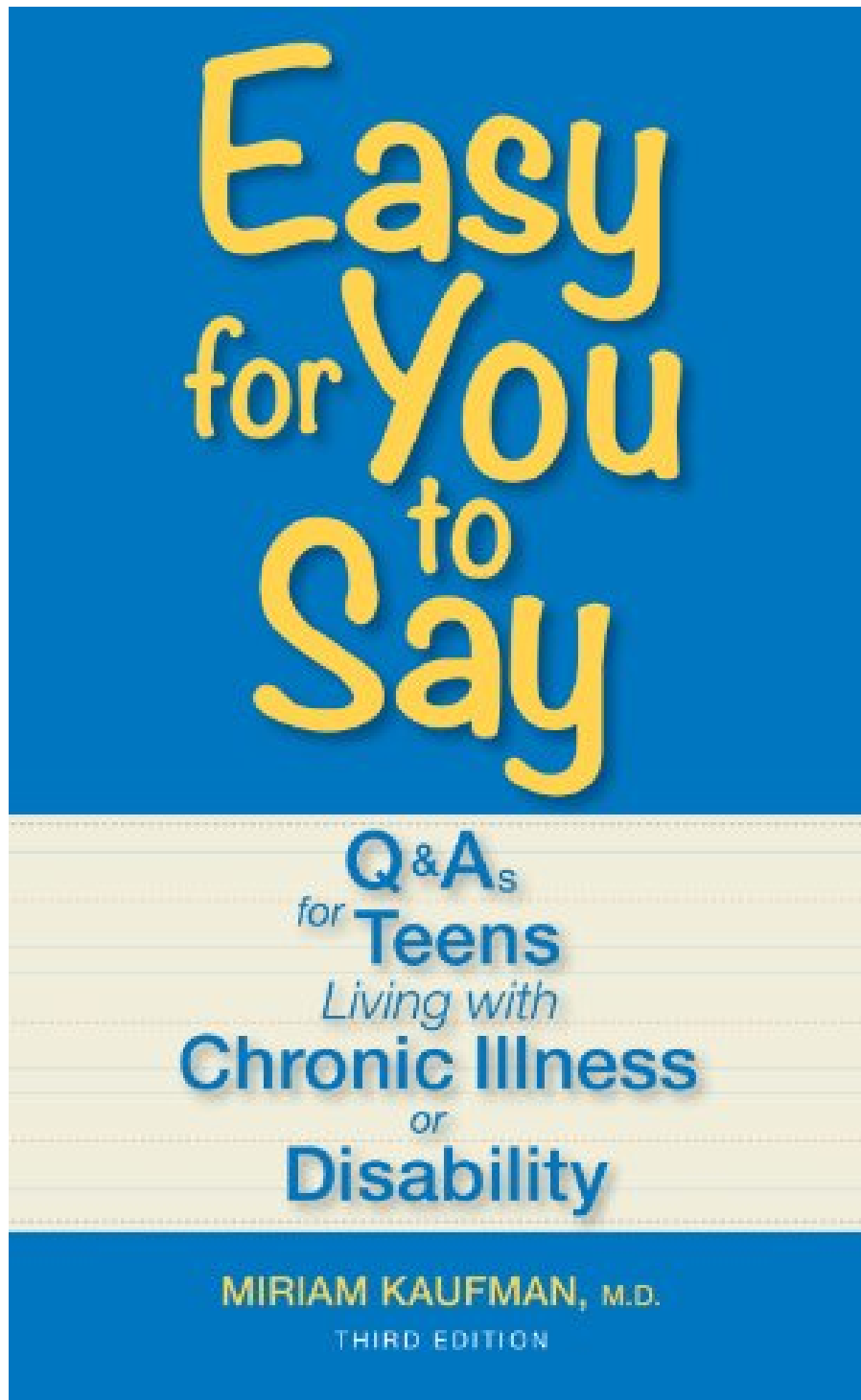


**EASY FOR YOU TO SAY: Q AND AS FOR
TEENS LIVING WITH CHRONIC ILLNESS
OR DISABILITY BY MIRIAM KAUFMAN**



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From School Library Journal

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Review

[Review for earlier edition] This is loaded with the kind of information disabled teens often need but may be too embarrassed to ask for. (Booklist)

Easy for You to Say makes it clear that life is for living. Highly recommended. (Joanne Peters Canadian Materials 2012-11-23)

About the Author

Miriam Kaufman BSN, MD, FRCPC, is the head of the Division of Adolescent Medicine at The Hospital for Sick Children and Professor, Department of Paediatrics, at the University of Toronto. She is the founder of the Good 2 Go Transition Program at SickKids. Miriam has been interviewed for numerous newspaper and magazine articles and has appeared on many television programs, including Oprah. She has been working with teens with chronic illness or disability for more than 20 years.

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EASY FOR YOU TO SAY: Q AND AS FOR TEENS LIVING WITH CHRONIC ILLNESS OR DISABILITY BY MIRIAM KAUFMAN PDF

Practical information for teens and their families.

Praise for the previous edition:

This very unusual book...is loaded with the kind of information disabled teens often need but may be too embarrassed to ask for.

--Booklist

The teen years are some of the most demanding. Even the most well-adjusted youth struggles with the intense daily challenges of friends, family, school and wider society. But these problems pale in comparison to those faced by teenagers with a handicap or chronic illness such as spina bifida or cystic fibrosis. "Get over it" or "it's just a phase" is idle advice and little more than offensive. "Easy for you to say," is the teenager's often-heard -- and reasonable -- response.

Easy for You to Say profiles the lives of uniquely challenged teens as they work hard to make sense of the world and their places in it. The questions they pose are frank and courageous, many include street language that teens can identify with and readily understand. The issues front and center in their lives are addressed, such as family, doctors and medical issues, friends and dating, school and work, alcohol and street drugs, medications and sexuality. Useful charts give reliable information on medication interactions and side effects.

Kaufman is straightforward and honest, and provides solid information.

Easy for You to Say to Say addresses issues that often are not easy or pretty. It offers solid practical advice, straight talk and honest answers to questions that many would be too embarrassed to ask.

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- Published on: 2012-11-01
- Released on: 2012-11-01
- Format: Kindle eBook

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Great resource for teens

By Heidi G

Comprised of questions and answers, the third edition of this book includes chapters on family relationships, doctors and medical issues, friends and dating, school and work, alcohol, drugs, and medications, sexuality, recreation, and transitions. The questions are taken from queries the author received from teens. Straightforward answers do not pull any punches or attempt to soften answers that may be difficult to read. People without chronic illness might not realize how important the concerns are, such as not going out with friends after a Crohn's diagnosis because you don't know where the bathrooms are, or knowing if you should tell a date you have an illness or disease, or wondering if you can exercise when taking new medications. Appendix 1 is an extensive look at medications -- possible side effects of use, alone and in combination with other substances. Appendix 2 contains information on resources; since the author is Canadian and the Government of Canada provided financial support for the book's publication through the Canada Book Fund, many of the resources are from that country. While not a book that might be widely read, it is an important resource for teens and one that I will include in my high school library.

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Based upon some experiences of lots of people, it remains in fact that reading this **Easy For You To Say: Q And As For Teens Living With Chronic Illness Or Disability By Miriam Kaufman** can help them making much better selection as well as provide even more experience. If you wish to be among them, allow's purchase this publication **Easy For You To Say: Q And As For Teens Living With Chronic Illness Or Disability By Miriam Kaufman** by downloading guide on link download in this website. You could get the soft documents of this publication **Easy For You To Say: Q And As For Teens Living With Chronic Illness Or Disability By Miriam Kaufman** to download and also deposit in your offered electronic gadgets. What are you awaiting? Allow get this book **Easy For You To Say: Q And As For Teens Living With Chronic Illness Or Disability By Miriam Kaufman** online as well as review them in any time as well as any sort of location you will check out. It will not encumber you to bring hefty book **Easy For You To Say: Q And As For Teens Living With Chronic Illness Or Disability By Miriam Kaufman** within your bag.

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