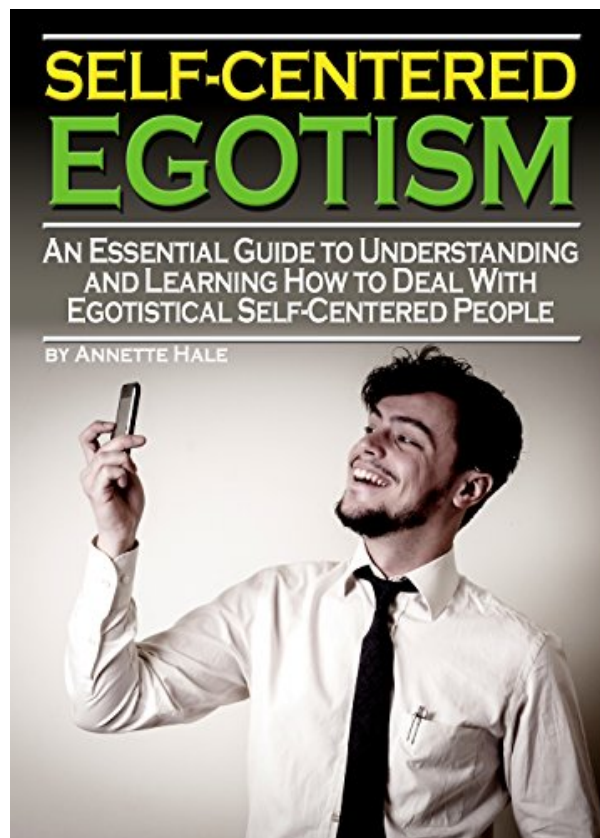


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If you are burdened with the antics of a Self-Centered Egotist and you want to learn how to keep them in check, then this book is for you!

Read on your PC, Mac, smart phone, tablet, or Kindle device.

You've probably met a self-centered egotist a time or two in your life. Perhaps it was when you didn't agree with someone who seemed like all they cared about was themselves. Of course - and let's be honest here - we're all guilty of selfish behavior from time to time. But what if someone you know really is self-centered like this all the time? Someone who thinks he or she is better or more important than you or anybody else. Someone who thinks he has moral ground to lord over you all the dang time?? And, even worse, what if this person is someone you have to deal with day in and day out? Forget about violence, and forget about poison. Just take a few deep breaths, and take some time out to read this book. I'm going to help you understand the true psyche behind such egotistical behavior. I will show you why they act the way they do and how to see their mind games for what they are - just games. This will give you enough ammo and willpower to deal with self-centered egotists in a more productive way, and without losing your self-esteem or stooping down to their level. I'm going to help you learn how to stand up for yourself and be treated as you deserve.

Here Is A Preview Of What You'll Learn...

- Why Some People Become A Self-Centered Egotist (SCE)
- Developing an Understanding of the SCE
- The Different Types of Self-Centered Egotists
- Common Personality Traits of SCEs
- Mind Games They Use to Manipulate People Around Them
- How to Deal with SCEs Without Losing Self-Esteem
- Much, much more!

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Understanding and making peace with egotistical personalities.

By excellentwheels

This book is an excellent source for understanding and communicating with people that are egotistical or egocentric. This book explains that self-centered people have a feeling of self-importance simply because they are trying to compensate for a wide variety of personal problems such as not feeling loved or feeling misunderstood or having a desire to live up to someone else's expectations. I found this book as I was looking for some inexpensive research materials for a psychology course, and this book fits the bill perfectly. It clearly explains how someone can let their ego become an overpowering presence and driving force in their life and not only that but the book also effectively explains how to effectively interact with someone who is severely self-centered without letting me encounter escalate into a large argument or fight that would only serve to cause further conflicts. This sort of advice is very useful in everyday life for anyone regardless of what sort of job they do, or whether they are shy or outgoing. Eventually everyone is going to have to deal with someone whose ego is rather overpowering and this book will not only help you to navigate these situations, but also explain why this particular person is acting the way they are.

I found this book to be extremely useful and I am very pleased with my purchase as it provided plenty of solid and reliable information that could be used not only for my assignment, but to gain a better understanding of human nature.

0 of 0 people found the following review helpful.

Great Guide to Identifying Self-Centered Egotists

By Tony Robson

This guide helped me to identify several self-centered egotists that had found their way into my life. This book taught me that there are eight ways to spot these types of selfish people. I found there were people in my life that I hadn't even noticed were displaying these subtle characteristics! I feel much better off now knowing that I will no longer fall for their manipulative and self-serving tactics.

0 of 0 people found the following review helpful.

Not as insightful as I was hoping.

By darkfeather5

The biggest impression I got out of this book was that the author was ranting because she'd been hurt. She came across as bitter. I'm sorry for her pain and hope for her to heal.

I did like the "trauma " perspective, and agree to some degree on the part about positive reinforcement. In my experience people who feel safe, supported, nurtured, and loved can't help be to grow.

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