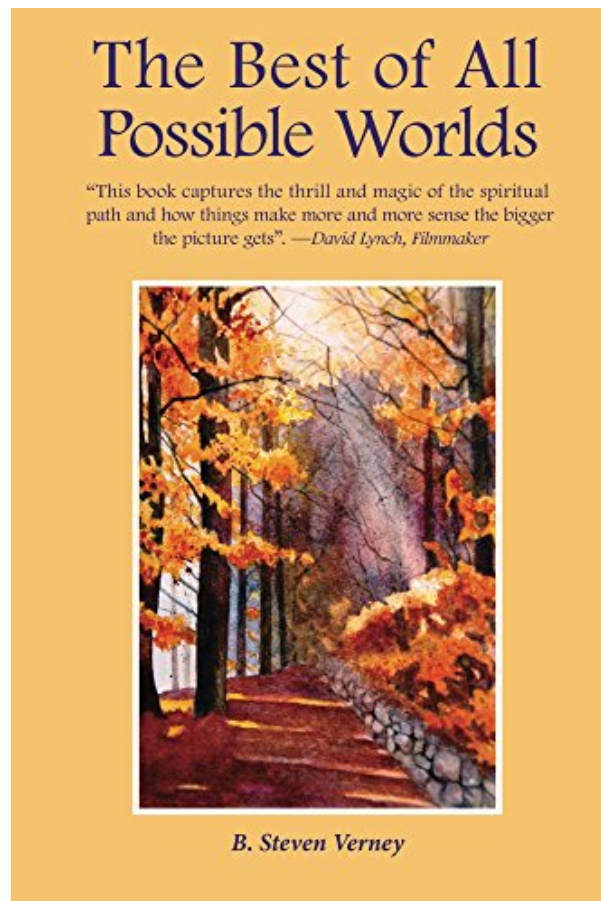


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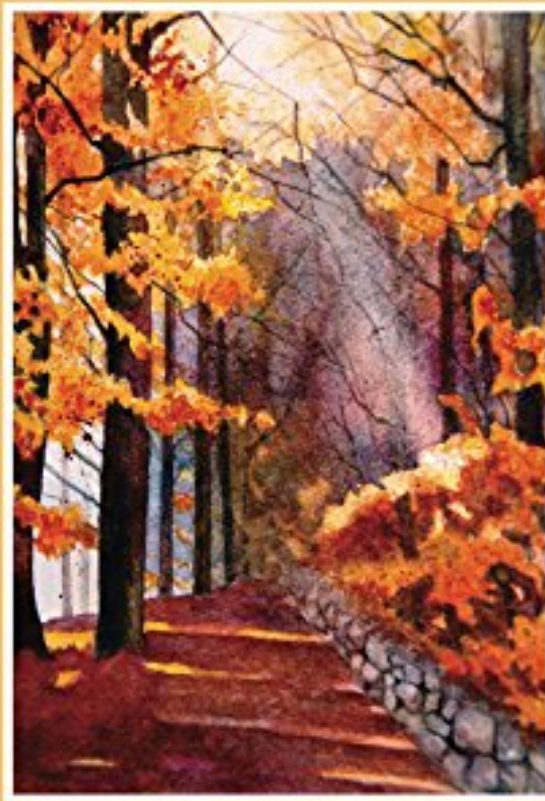


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The Best of All Possible Worlds

“This book captures the thrill and magic of the spiritual path and how things make more and more sense the bigger the picture gets”. —*David Lynch, Filmmaker*



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About the Author

Steve began Transcendental Meditation in 1974. Impressed by his experiences and the knowledge of spiritual evolution as described by Maharishi Mahesh Yogi, Steve became a teacher of the TM program in 1976. He attended MIU in Fairfield, Iowa, graduating with a BA in Philosophy in 1981. He met his future wife, Kay, at the university. They were married in 1982. Over the next 24 years Steve and Kay started and ran three different businesses while raising their two sons in New Salem, MA. They currently live in Wellfleet, MA. This is his first novel.

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THE BEST OF ALL POSSIBLE WORLDS BY B. STEVEN VERNEY PDF

This novel, set in Amherst, Massachusetts, tells the story of a promising philosophy PHD student, Sam O'Connor, who takes a life-changing journey to Switzerland to attend an advanced ten-week course on Transcendental Meditation as taught by Maharishi Mahesh Yogi. Sam is challenged by Maharishi to create and teach a class on Being which integrates Eastern and Western philosophies. The subsequent success of Sam's lectures at Amherst College propels him onto the national stage, but midway through a book tour tragedy strikes, and in its wake Sam fades quickly into obscurity and nine years of deep introspection. Sam has a chance encounter with Julian Driscoll, a philosophy major at Amherst College, and they begin meeting at a local café to discuss enlightenment, consciousness, and the causes of suffering. Julian coaxes Sam to once again confront his destiny.

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Sharing the Light

By Jack Forem

This is the story of a young man's successful quest for enlightenment. Through his inner experiences in meditation, and the knowledge imparted to him by his spiritual mentor (Maharishi Mahesh Yogi, founder of the Transcendental Meditation program), he awakens to the truth of who he is.

A philosophy student and then a university professor as the story unfolds, Sam O'Connor begins to share the fruit of his enlightenment with his students and with the broader world through a successful popular book. Then a shocking incident - he is shot by a crazed fundamentalist and comes close to death - throws him off his path. Viewed from the outside, what we see is that he withdraws from teaching and the university, and spends the next decade as a semi-recluse, living a quiet life with his wife and sons and growing a garden.

But that is not the whole story. I think the author is showing us a necessary stage on the spiritual path, when early and sometimes "flashy" experiences are quietly assimilated and integrated ever more fully with the reality of life in the world. Thus, Sam O'Connor gains an even greater strength and certainty than he had as a popular and charismatic young professor. When he interacts with young students in the college town (where he still lives), he is discovered to be unusually knowledgeable and inspirational, a kind of local sage. Invited to speak on campus, his lecture on Walt Whitman and the evolution of consciousness - which we get to "listen" to in the penultimate chapter - reveals the depth and beauty of Whitman's vision and at the same time Sam O'Connor's spiritual insight and maturity.

I believe the genre of spiritual fiction - stories of the spiritual quest, like Hermann Hesse's classic Siddhartha - will become more common as more and more people embark on their spiritual journey in the attempt to understand themselves and the world. Knowledgeable and well-written books like this will be there to serve as guides on the path.

And by the way, the tale of how Sam met and married Amy is a fine and tender love story neatly woven into the texture of the book. -- Jack Forem

<https://www.amazon.com/author/jackforem>

ASIN:1401931561 Transcendental Meditation: The Essential Teachings of Maharishi Mahesh Yogi.

2 of 2 people found the following review helpful.

Engaging

By Kathy-Ann Becker

Not being a person who practices transcendental meditation, I quickly began to wonder how the author could engage me. The mechanism Steven Verney used was to put me in the care of characters I began to care about. They took me through a wide open door that opened into considering realms beyond their personalities into the mysteries of thought and possibilities that are there for us all. There were times when this book overwhelmed me, when I noticed myself skimming to find out what would happen to the people. That being said, that was my loss. It's a book that will give you back more than you put in. It's not a book to sell back. It's a book to think about. It's a book to sit with when one is in a mood to savor and go beyond the words. I finished this book, but will be revisiting it.

2 of 2 people found the following review helpful.

Delightfully engaging

By Chao Chang

What a wonderfully full journey into infinity. This is a story about synchronicity, Self mastery, TM, tragedy, and ultimately the fulfillment of love. Verney writes with a wry wit, which often made me laugh out loud at the humanness of us all and feel shock and at how easily tragedy can enter our lives. I loved Verney for both his storytelling, humor and his philosophy, and I envy his delicate and clear explanation of the spiritual path. In his own light and engaging way, he made it clear to me, that we're not human beings on a spiritual journey, but spiritual beings on a human journey.

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