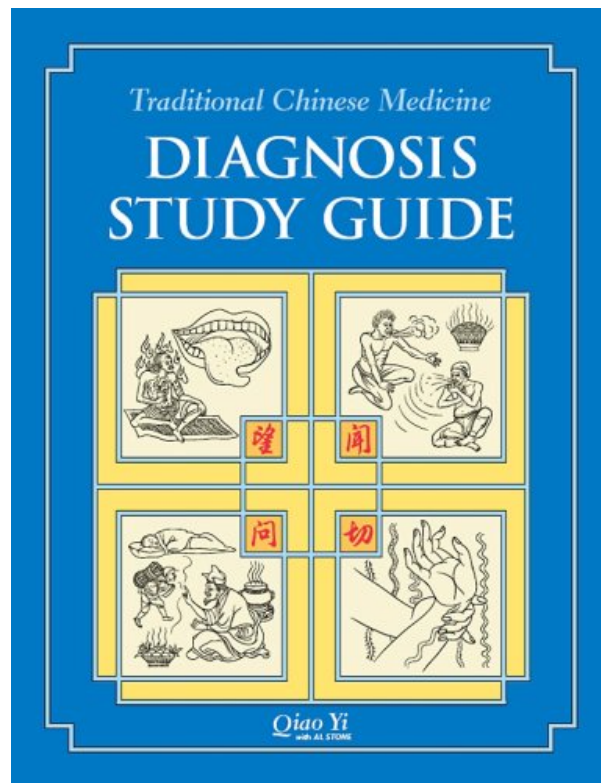
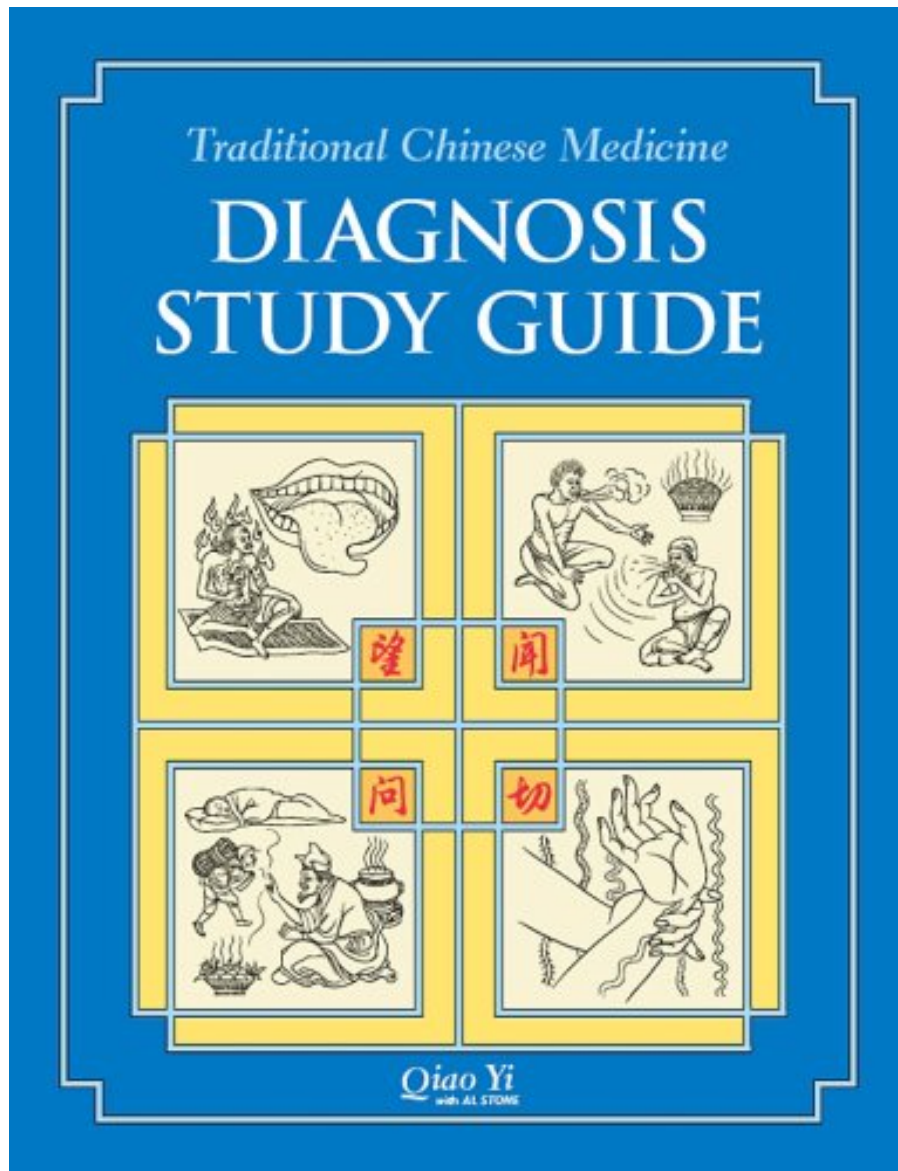


TRADITIONAL CHINESE MEDICINE DIAGNOSIS STUDY GUIDE BY QIAO YI, AL STONE



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Review

"Qiao Yi and Al Stone, both veteran educators, have risen to the task of explaining TCM diagnosis in both overview and its intricate details. This Study Guide goes beyond simply translating and reiterating what has already been written in other texts by showing diagnosis as an interactive process with zang-fu and TCM theory. The authors years of experience in teaching this material which has been peer reviewed by leading scholars of Chinese medicine is reflected in both the content and its presentation. More than just a dry compilation of facts, this book clarifies many of the ambiguities left by other TCM texts. Highly recommended for both beginners and experienced practitioners. Douglas Eisenstark L.Ac., Instructor at Yo San University and Emperor's College of TCM. --Douglas Eisenstark L.Ac., Instructor at Yo San University and Emperor's College of TCM

About the Author

Qiao Yi, M.P.H., L.Ac is a graduate of Beijing University of Traditional Chinese Medicine (1987), and received a Masters degree in Public Health from U.C.L.A. She served as clinical director at both Emperor s College and SAMRA University, and as Associate Dean and Academic Dean at Yo San University and Emperor s College. Dr. Qiao has been teaching TCM courses since 1991 at schools in Southern California, where she was also involved with curriculum development. She also served as commissioner for the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) for eight years. In addition to teaching, Dr. Qiao is engaged in acupuncture research at Cedar Sinai Hospital, and maintains a private practice in Los Angeles. Drs. Qiao and Stone are coauthors of The Traditional Chinese Medicine Formula Study Guide. Al Stone, L.Ac., D.A.O.M. graduated from Emperor s College with a Masters in TCM (1997) and a Doctorate in Acupuncture and Oriental Medicine (2007). He is best known as the founder of the website acupuncture.com. Dr. Stone maintains a significant online presence at gancao.net, and an internal medicine practice that focuses on Chinese herbal medicine in Santa Monica. He also teaches classes and supervises in the clinic at Emperor s College. Dr. Stone has been editing TCM texts since 1995, including The Treatment of Lupus, Scleroderma, and Dermatomyositis with TCM, published by People s Medical Publishing House in Beijing.

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Diagnosis in traditional Chinese medicine (TCM) is the process of examining the body to diagnose disease and differentiate patterns under the guidance of the fundamental theories of TCM. It is a bridge that connects the basics of TCM with all branches of clinical medicine and includes inspecting the symptoms or manifestations, analyzing the changes, understanding the pathomechanisms, and predicting the transformation of diseases. TCM diagnosis consists of two major areas of study, examination and testing (zhên) and decision and judgment (duàn). Examination and testing techniques are used to collect information from the patient. Decision and judgment uses this information, which is sorted, analyzed, synthesized, and reasoned on the basis of TCM theory. This book is organized around the four pillars of TCM diagnosis: inspection, inquiry, listening and smelling, and palpation. In this text, each aspect is explained in a clear and systematic manner, with generous use of tables and illustrations. This is followed by a series of review questions for deeper understanding. A comprehensive self-examination consisting of 200 multiple choice questions, with a separate key to the answers, tests the reader's understanding of the important points of each aspect of diagnosis. These questions, many of which are presented in case study format, will help students prepare for the board exams.

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Most helpful customer reviews

41 of 43 people found the following review helpful.

A superb text on diagnosis

By W. Reck

The TCM Diagnosis Study Guide is definitely one for your bookshelf. This book makes a wonderful companion to other books on diagnosis, as it is an excellent resource for further study. The diagrams, summaries and charts make it an absolute necessity if you are more of a visual learner.

The inclusion of "questions and answers for deeper insight" at the end of each section provide just that, deeper understanding of the concepts presented. The 200 question multiple choice test at the end of the book (answer key provided) will definitely help you to see how well you understand the material.

I have done a lot of research into books on TCM, and I have found these 3 are the best to use in conjunction:

- 1- Traditional Chinese Medicine Diagnosis Study Guide
- 2- Chinese Traditional Herbal Medicine Volume I Diagnosis and Treatment
- 3- Chinese Traditional Herbal Medicine Vol.II Materia Medica & Herbal Ref

These 3 books make a wonderful "home study" course.

28 of 29 people found the following review helpful.

Complete

By Leon le dragon

This book is complete and full of explanations. Ideal for identifying the patterns of TCM. Only one miss : meridian diagnosis and eight extra meridians diagnosis... But this manual is more herb oriented.

5 of 5 people found the following review helpful.

The Ultimate Book On TCM Diagnosis

By Chan Joon Yee

A TCM practitioner once told me that the highest level of TCM diagnosis requires an encyclopedic mind. Visual inspection, smelling, asking and palpating are the only "tools" that a TCM practitioner has. This book is divided into 4 main parts. What to look out for? What to ask the patient? What smells to detect? What do the different kinds of pulses indicate?

Through all these diagnostic methods, the practitioner should be able to get a coherent picture of the syndrome that is affecting the patient. This book has accurate information, very well-presented with numerous tables and flow charts. But make no mistake, TCM diagnosis is anything but straightforward. Understanding the concepts and remembering the diagnostic reasoning in this book requires a lot of commitment. Definitely an essential text for any serious student of TCM.

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